



**SÜDTIROL
ULTRA
SKYRACE**

**26//27//28
JULY 2019**



SÜDTIROL ULTRA SKYRACE REGULATIONS





**SÜDTIROL
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AMATEUR SPORTS CLUB
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St. Nr. + MwSt. Nr. 02893650214
Registered in the LR of JP No. 521



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ORGANIZERS

The extreme mountain running race “**Südtirol Ultra Skyrace**” is held by the amateur sports club “Südtirol Ultra Skyrace”, in cooperation with various associations, and “Sportler AG”.

THE RACE SÜDTIROL ULTRA SKYRACE ...

... is along the Hufeisentour in the Alps of Sarentino. It passes through 18 municipalities, and has a total length of 121 km and an elevation gain of 7.554 metres. **The race starts Friday, 26th July 2019 at 08:00 pm from "piazza Walther" in Bolzano.** The finish line is on "**prati di Talvera**" in Bolzano.

ROUTE

Südtirol Ultra Skyrace 121 km and 7.554 metres

ENTRY REQUIREMENTS

All men and woman can participate who have reached their 18th birthday on or before July 26th, 2019 and who meet the following requirements:

- participants with residence in Italy: must have a valid sports medical certificate for track and field pursuant to art. 5 of Ministerial Decree 18.02.1982. The certificate must be issued by a doctor specialized in sports medicine. A copy must be sent until July 20th, 2019 via **Fax:** +39 0471 620438 or **Email:** info@suedtirol-ultraskyrace.it
- participants with residence outside Italy: according to the Italian law, in order to participate in extreme races in Italy, contestants residing abroad must submit a medical certificate of physical fitness, which must be sent until July 20th, 2019 to the organizers via **Fax:** +39 0471 620438 or **Email:** info@suedtirol-ultraskyrace.it

You can download a submission form of a medical certificate here:
www.suedtirol-ultraskyrace.it/en/download-pdf-gpx.html



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Each participant must be able to complete the race at his/her own risk, and must take care for his/her own self-supply and equipment.

The Südtirol Ultra Skyrace proceeds on a very demanding route and requires:

- Surefootedness,
- head for heights,
- excellent psycho-physical condition,
- self-supply,
- experience with extreme mountain races,
- a good sense of direction and confidence by day and night.

LIMITED NUMBER OF CONTESTANTS

This race has a limited number of participants. A maximum of 300 persons can participate, and the organization reserves the right to exclude persons from participation and to vary the maximum number of participants. In such a case, the date of entry will be used as the criterion for determining the entry.

ENTRY

Participants must sign online at www.suedtirol-ultraskyrace.it or www.datasport.com. Personal information will be collected by Datasport and by the organizers.

The entry opens **September 1st, 2018 and closes July 17th, 2019.**

When entering the Südtirol Ultraskyrace, participants implicitly accept the rules of the race.

RESIGNATION – TRANSFER OF START NUMBER

The entry fee usually will **NOT** be refunded. Expectations are made for athletes who cannot participate due to illness or injury, but certified by a doctor. If the route is shortened or the race is cancelled due to reasons beyond the organizers' control, the entry fee will **NOT** be refunded or credited toward next year's race.



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Datasport Spa offers an insurance to refund the entry fee in case of illness or injury. Further information is available during the online entry process. The start number can be transferred to another person for justified reasons (illness or injury) until July 17th, 2019.

A reregistration on a shorter race (Südtirol Skyrace, Südtirol Sky Marathon, Südtirol Sky Trail) is possible. The difference will not be refunded.

CATEGORIES

(contestants must be at least 18 years old)

MEN

M1	2001 - 1980	18 - 39 years old
M2	1979 - 1970	40 - 49 years old
M3	1969 - 1960	50 - 59 years old
M4	1959 and earlier	60 years old and older

WOMEN

W1	2001 - 1980	18 - 39 years old
W2	1979 - 1965	40 - 54 years old
W3	1964 and earlier	55 years old and older

RANKING AND PRIZES

Prizes will be awarded Sunday, July 28th 2019 at 11 am in Bolzano on the fields of Talvera (finish line area).

Prizes will be awarded to the top five women and men, for general ranking, to the top three participants for each of the categories and to the youngest and oldest participants.

A „Finisher“ award will be given to all contestants who finish the race. Only participants who cross the finish line will be listed on the ranking and will be officially considered as having participated in a UTMB qualifying race.

The prizes must be picked up within 10 days.



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ENTRY FEE

Registration start on **September, 01th 2018.**

to 31.12.2018 is the amount of the registration **130 €**

to 31.05.2019 is the amount of the registration **140 €**

from 01.06.2019 is the amount of the registration **160 €**

POSTANNOUNCEMENTS ARE NOT POSSIBLY!

DEPOSIT FOR CHIP:

30,-€. The deposit will be collected with the delivery of the start number and will be refunded when the chip is returned.

CATERING - SELF SUPPLY

The map of the route shows the locations with catering.

The following will be available at each catering point:

water, energy drinks, energy bars, fruit and nuts.

A hot meal (soup, pasta, risotto) will also be served at each supply station. Participants must have the required equipment during the race and after each supply station (see the „Equipment“ section, below).

The dishes offered at catering points must be eaten on place; they can not be taken away. Natural water is at disposal to refill bottles or Camelbaks.

Participants must bring their own cup or a suitable container.

ROUTE AND CHECKPOINTS

Participants must follow the established route, which is suitably marked. Any deviations from the route will result in disqualification of the participant (see the „Sanctions“ section, below). Participants are required to pass by various checkpoints. If a runner does not run through a checkpoint, he/she will be disqualified.



EQUIPMENT

By entering the race, every participant is obligated to carry the equipment listed below.

Sanctions will be levied against participants who fail to comply.

REQUIRED:

- a backpack or waist-bag
- a mobile phone, which must be charged and kept on at all times
- safety numbers of the organization and emergency numbers stored in the mobile phone directory
- a canteen or CamelBak container
- cups or a container for drinking
- enough food to enable the contestant to reach the next refreshment point
- two working flashlights or one flashlight with extra batteries
- aluminium survival cover / emergency cover
- a whistle
- a first-aid kit: Sterile absorbent gauze compresses, cloth bandage, adhesive bandages
- a waterproof jacket and warm clothes suited for use in bad weather and at high altitudes
- racing pants extending at least below the knee, or leg-warmers
- a cap, headband or other type of hat
- gloves
- the map of the circuit/Road-Book or GPS

RECOMMENDED:

- a change of clothes
- sunblocker
- a knife
- string



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BAG CONTROL/SPOT CHECK

The spot check will be held **Friday, 26th July 2019 at 07:00 pm on “Piazza Walther”**.

The required material will be **checked before the race**.

Organizers may require participants to bring other equipment before start. **Spot checks** to verify the equipment **will be made along the route and at the finish line**.

RETURN

If for any reason, an athlete terminates the run, he/she will be responsible for his/her own return. The race's organization has set up a shuttle service at strategic points. These points are marked in the map of the route. Please reckon with waiting times.

START NUMBERS

The start numbers will be assigned in **Bolzano, Sportler Flagship Store (portici 1), on July 26th, 2019 from 10 am to 07 pm**.

Each participant will be provided with:

- **1 start number:** one must be worn in a clearly visible position in front on the chest. The start number provides access to catering areas, first aid and rest points, the clothing storage area, the showers and the shuttle service. In addition to your start number, you will also be given two stickers for the runner bags (Sarentino, Pennes border crossing, and at the finish line)
- **Chip:** a chip must be fastened to the wrist or ankle; it must not be carried in your backpack. Before the start of the race, participants must go through the gates to the starting area and register for the chip, which will be given to each participant. The chip must be returned immediately after arrival at the finish line, where the deposit of € 30.00 will be returned.
- **Map of the route:** all contestants will be given a map of the route that shows the locations of the catering points, check-points and additional useful information.



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- **Bags:** participants will be given two bags: one for the „Pennes border crossing“ catering point and the other for the finish line. No valuables or fragile items should be left in the bags. The starting package will include two adhesive labels with the start number, which must be affixed to the bags.

BRIEFING

A briefing will be held on **Friday, July 26th, 2019 at 06:00 pm in Bolzano (Hotel Kolping)**. All participants must attend.

ATTENDANTS

Attendants are allowed, but must comply with the rules of the race and must not offer unfair assistance (carrying, pulling, pushing, transporting equipment by car). But, they can encourage and provide moral support to participants. If an attendant does not obey the rules and regulations of the race, the participant will be disqualified.

SAFETY AND MEDICAL CARE

Along the route there will be assistance points with phone connection to the race control, ambulances, civil defense service and a number of doctors. The assistance services are required to help participants who are in trouble and to use the organizers' resources. The race judges, official doctors, auxiliary personnel, White Cross, and the official mountain rescue service are authorized to exclude any participant from the race, who are considered to be unfit. Auxiliary personnel are authorized to evacuate -with all means at their disposal - any participant considered to be in danger.

If necessary, the official mountain rescue service will be called in. It will then take charge of and employ all suitable means (including helicopters) at its disposal.

The decision to call the mountain rescue service in order to aid a person requiring assistance is exclusively left up to organizers' staff. Any expenses associated with the use of these extraordinary means will be charged to the participant receiving assistance, in accordance with applicable regulations.



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Participants who see a doctor or auxiliary personnel must recognize their authority and agree to comply with their decisions.

START –TIME LIMIT –DEADLINES

Südtirol Ultra Skyrace

The race will **start** at 08:00 pm on Friday, July 26th 2019 for all contestants. **Maximum time: 40 hours.** The race will end at 12:00 am on Sunday, July 28th 2019.

- Start (BZ) 00 Bolzano, July 26th at 08:00 pm
- Corno del Renon 06 hours (by 02:00 am on Saturday, July 27th)
- Lazfons Cross 11 hours (by 07:00 am, on Saturday, July 27th)
- Pennes border crossing 17 hours (by 01:00 pm, on Saturday, July 27th)
- Monte Piano 22 hours (by 06:00 pm, on Saturday, July 27th)
- Punta Cervina Ref. 26 hours (by 10:00 pm, on Saturday, July 27th)
- Kesselberghütte Ref. 31 hours (by 03:00 am, on Sunday, July 28th)
- S. Genesio 38 hours (by 10:00 am, on Sunday, July 28th)
- Finish line (BZ) 40 hours (by 12:00 am, on Sunday, July 28th)

Time limits (maximum times for the individual sections) are shown on the map of the route. **Athletes must leave the checkpoint by 30 minutes – at the latest – after the time limit expires.** Runners who exceed the time limit will be excluded from the race. The „Besenläufer“ will accompany the last runners up to the next checkpoint. All participants must follow the instructions given by the race judges. participants can exit from the race only when they are near a checkpoint, unless they are injured or suffering from exhaustion. The judge will decide what to do and will organize the return to Bolzano.

Every participant must communicate the exit from the race to a race marshal or the race control.

The organizers reserve the right to end the race or change the deadlines in case of inclement weather and/or for safety reasons.



INFRACTIONS AND SANCTIONS

Officials along the circuit will be authorized to check whether participants are complying with the rules. Officials are authorized to disqualify athletes immediately or inform the jury about infractions they observe. The jury will then levy sanctions according to the following table:

INFRACTION	SANCTION
Failure to have the required safety equipment	From 2 hours to disqualification
Taking a short cut or leaving the marked route	Disqualification
Refusal to submit a check	Disqualification
Voluntary littering by a contestant or attendant	Disqualification
Using means of transport, sharing or exchanging start numbers, failing to pass a checkpoint, doping or refusal to submit to an anti-doping check, failing to help a contestant in trouble, insulting or failing to respect others, threatening members of the organisation or volunteers, unsportsmanlike conduct	Disqualification
Start number not clearly visible	30 minutes
Refusal to obey the instructions of the jury, an official, a doctor or an auxiliary staff member	Disqualification
Failure to wear the electronic chip	At the discretion of the jury
Leaving a checkpoint after the maximum time has expired exit from the race without notice	Disqualification
Failure of the attendant to follow the rules of the race	Disqualification

This list should not be considered to be complete. If a participant is disqualified, no expenses will be reimbursed by the organizers.



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COMPLAINTS

Only written complaints will be accepted up to 2 hours before the closing celebration for the event. A deposit of 50.00 € will be collected.

JURY

- President of the organizing committee
- a race steward
- 2 members of the organizing committee
- the route manager

DOPING

All contestants must abide by international rules on doping. Athletes may be given an anti - doping check before, during and after the race.

CHANGE OF ROUTE AND CANCELLATION

The organizers reserve the right to change the route, the locations of the assistance and refreshment points, and the time limits at any time and without notice. The race may be cancelled at any time for safety reasons. The start of the race may be postponed or invalidated due to bad weather. The organizers reserve the right to modify or remove sections of the route as necessary. If changes are made or the race is suspended, contestants will not be entitled to a refund of the entry fee.

INSURANCE

The organizers will stipulate a liability insurance policy for the entire duration of the competition. Participation in the race assumes that contestants take full responsibility for their participation. Thus, if damage or other consequences are reported after the race, the contestants waive their right to take action against the organizers.



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RIGHTS

All contestants waive their rights on their own image before, during and after the race.

TIMEKEEPING

www.datasport.ch

DATA PROTECTION – GDPR 2016/679

Personal data provided by participants at the time of registration will be recorded and processed for the sole purpose of implementing and managing the event. By registering, participants give their consent to the registration of their data. Participants agree that their personal data collected will be passed on to third parties in order to collect race timing, compile and communicate result rosters, and add the latter to the homepage. By registering, the organizer undertakes to publish these data on all the main media (homepage, press and Internet).

By registering, participants accept that their personal data provided in the registration form will be recorded and that photos and videos made during the Südtirol Ultra Skyrace, Skyrace, Sky Marathon and Sky Trail are used and published without any right to compensation.

Participants are also invited to review the privacy policy of our partner DATASPORT AG at the following link:

www.datasport.com/en/privacy-statement/

THE ORGANIZERS WISH ALL CONTESTANTS AN ACCIDENT - FREE RACE RUN WITH THE HIGHEST DEGREE OF SPORTSMANSHIP.